

# 2022 New School Nurse Orientation

## Documentation in School Health Services



# Learning Outcomes

By the end of this presentation, learners will be able to

- List 2 legal protections offered by appropriate documentation
- List 2 standards for electronic documentation systems
- Articulate one difference between HIPAA and FERPA laws in schools
- Discuss the concept: "need to know"

# Why Document?

- Communication
- Legal evidence
- Research
- Education
- Quality assurance
- Statistics
- Accrediting and licensing
- Reimbursement



# HIPAA versus FERPA: What school nurses need to know



# HIPAA

## (Health Insurance Portability and Accountability of 1996)

Personal information and health data is always protected (both paper and electronic)

HIPAA restricts access, use and disclosure of “protected health information” maintained by “*covered entities*”

*Covered entities* are typically health plans, health-care clearinghouses, and health-care providers

School are not *covered entities*, unless they provide “health care,” through a free clinic or other service beyond a day-to-day school nurse.

- [Top 5 FERPA & HIPAA Misconceptions for Schools \(frontlineeducation.com\)](http://frontlineeducation.com)

# FERPA

## (Family Education Rights to Privacy 1974 Buckley Amendment)

Ensures access by parents and students and protects against the non-approved disclosure of “personally identifiable information”

Includes all information collected and maintained on a student, including special education and Section 504 files

Student health records are educational records and fall under FERPA, not HIPAA

Some medical information in Educational records require special protection (i.e.. HIV status of students)

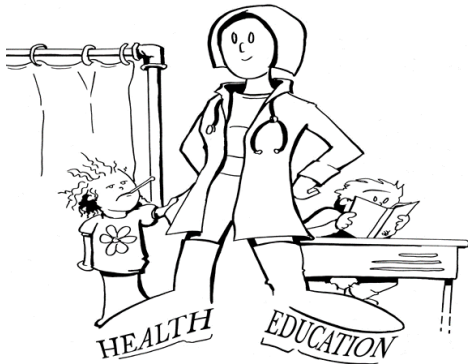
FERPA rights are transferred to students at age 18

# Documentation

- Records what, when, how
- Creates a record of health information and supports provided to students
- Demonstrates individualized plan of care
- Facilitates communication with
  - Other school nurses
  - Districts' school staff
  - Community providers
  - Other districts (upon transfer in Connecticut)

# Documentation

## School Nurses- Health and Education



### Provides

- Historical perspective
- Current data
- Direction for planning

### Supports

- Academic success

### Lasts

- Entire school career



# Legal Protection

Documentation provides

- Written proof of care
- Quality of care

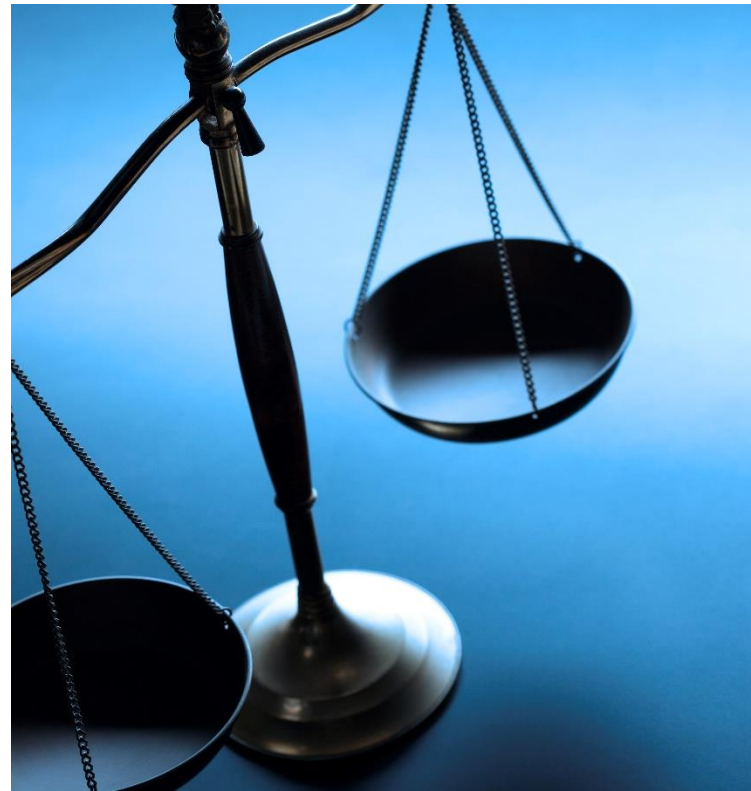
Documentation serves as protection for

- Students and families
- School nurses
- School districts



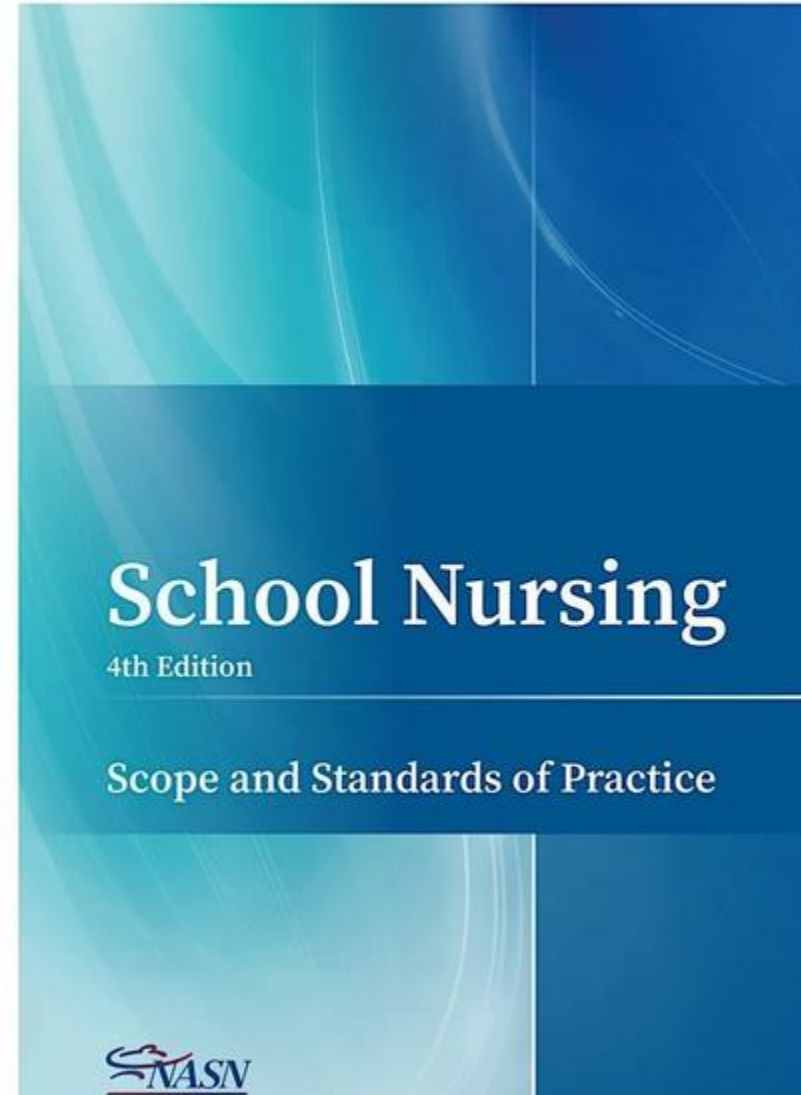
# Legal Protection, cont'd

- Principles based on standards of practice
  - Current
  - Consistent
  - Nursing language
  - Student words (subjective)
  - Factual (objective)
  - Use standardized measures (e.g. pain scale)



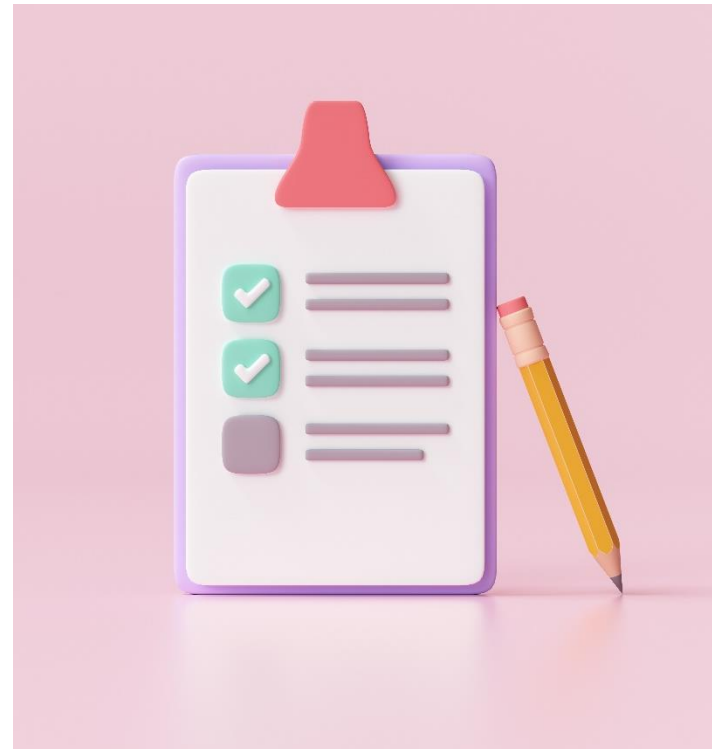
# Standards of Professional School Nurse Practice

*School Nursing:  
Scope and Standards  
of Practice* 4th  
Edition  
(ANA & NASN, 2022)



# Legal Protection

- Basic Principles
  - Legible
  - Accurate
  - Date & time



# Legal Protection

- Was an appropriate assessment done?
- Was reasonable treatment administered?
- Did the appropriate follow-up occur?



# Quality Assurance

Documentation supports care that is:

- Consistent
- Accurate
- Safe



# Accident/Incident (A/I) Reports

## Purpose and use of A/I Reports

- Risk management, administrative tool
- Not part of the students' health records
- Documents what happened and school staff involved
- Documents nursing assessment/intervention (if any)
- Staff supervising student at time of incident documents on the A/I

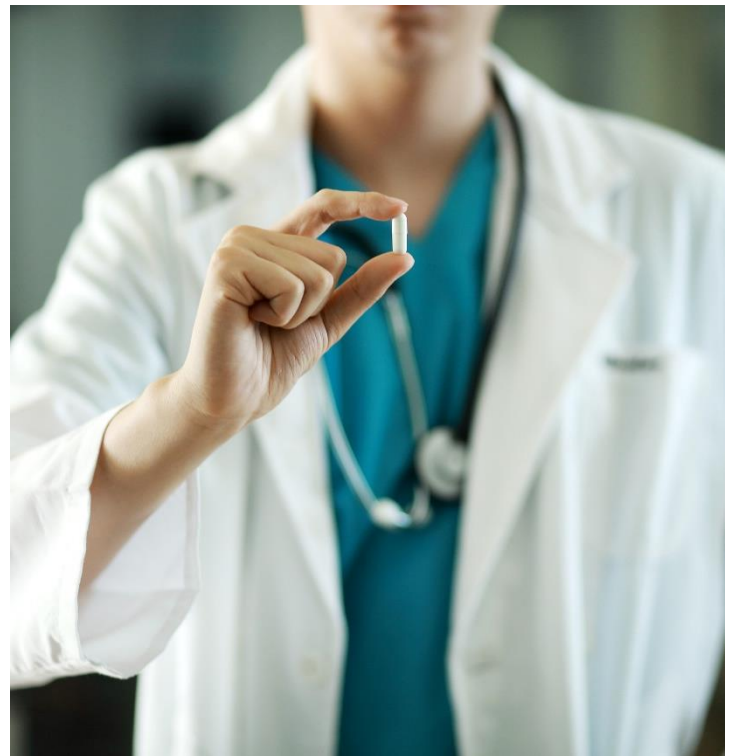
## Nursing Notes

- DO NOT reference accident/incident report

# Risk Management

Proper documentation for

- Medical interventions, (orders, notes...)
- Training
- Supervision
- Medication administration
- Controlled drug destruction



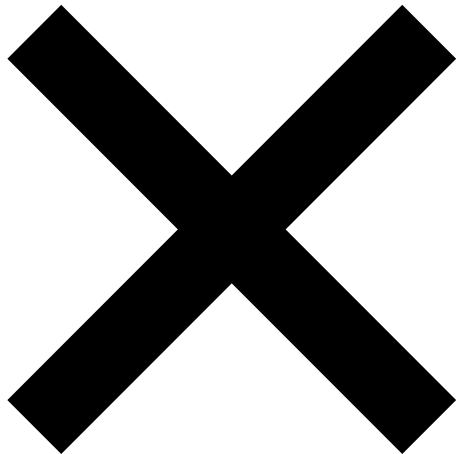


# Risk Management Strategies

- Do not document in advance
- Always include date & time
- Document on correct record



# Allegations of Negligence



Failure to

- Properly assess the student
- Properly administer treatment
- Monitor the student
- Properly document

# Risk Management Strategies

- There are cases where a nurse failed to do (or document) a proper assessment

Strategy:

- Document assessment, including what is not seen, when appropriate

(Example, no bruising or swelling)



# Risk Management



## Charting By Exception: The Legal Risks

- Minimizing documentation is risky
- Could compromise student safety
- Could compromise nurse
- Could compromise district

## Essential question:

- *Does this document tell the full story of the student's condition and of your professional assessment and care?*

**Chart as if your  
records will be  
in court!**



# Common Charting Errors



## Failing to

- Record health information
- Record nursing actions
- Record medications given
- Record reason medication not given
- Document a discontinued medication
- Record response to intervention
- Record changes in condition
- Record in the right record keeping system

# Errors

- Exclude references to problems
- Avoid terms suggestive of error
- No erasures, scratch outs or white outs
- Do not write “error,” use a line with initials only
- Avoid late entries



# Who?



## The RN:

- Within scope of practice

## The LPN:

- Within scope of practice

## The Health Assistant:

- Documents care they give, not what the nurse does



# How?

- Stick to the facts
- Avoid labeling
- Be specific
- Use neutral language

**“If it wasn’t charted, it wasn’t done!”**



# How?

- Health Office Visits
  - **NO** multiple student daily logs
  - Document in real time
  - Use appropriate language
  - Use accepted abbreviations



# Health Problems



Medical Diagnosis



Psychological Diagnosis



Functional Diagnosis

# What about...

DCF?

Pregnancy?

STD'S?

Depression?

Suicide?

# Phone and Other Contacts



## Record:

- Date and time
- With whom
- Title of person
- Summary of conversation
- Instructions, if any, and check for understanding

# Personal Notes

- Temporary
- Memory jogger
- Not to be shared
- Eventually destroyed



# Electronic Records

- Health Records
- Faxes
- Emails



# Electronic Recording System

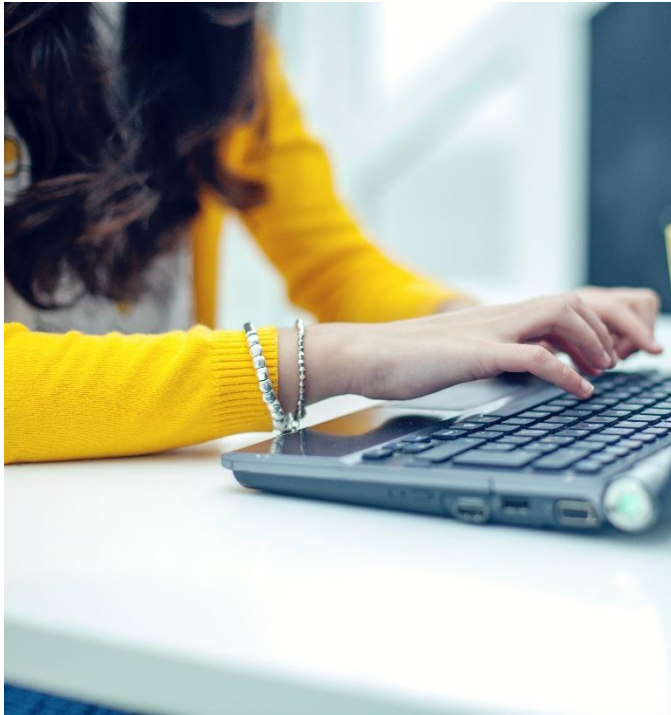
Does it:

- Meet confidentiality standards
- Provide essential record keeping
- Allows documentation by all school health staff
- Provide health alerts
- Generate data
- Support communication





# Questions to ask

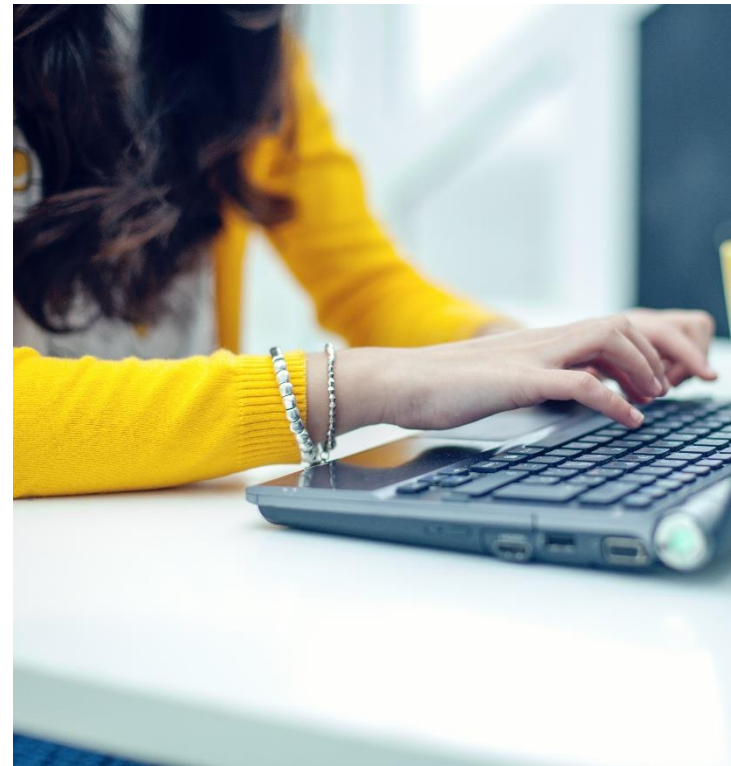


- ✓ What do you want your documentation system to do?
- ✓ Does it allow customized menu options?
- ✓ Can it be networked in district?
- ✓ Is technical support available?
- ✓ Who is the system administrator?
- ✓ What are the training needs?
- ✓ Who has access?

# When documenting electronically:

## Do

- Note on outside of CHR stating- “electronic record summary inside”
- Check district policy on transferring electronic version of record to a district with the same documentation system



# Receiving Faxes

01

Secure area  
with limited  
access

02

Monitor  
incoming  
documents

03

Verify all  
information  
received &  
legible

04

Verify orders  
from  
authorized  
prescriber

# Sending Faxes

Authorization to release

```
graph TD; A[Authorization to release] --> B[Call first to alert recipient]; B --> C[Verify number- to eliminate errors, program numbers]; C --> D[Include confidentiality statement];
```

Call first to alert recipient

Verify number- to eliminate errors, program numbers

Include confidentiality statement

# Documentation via Email

- **Never** send sensitive information via email
- Do not forward messages unless permission is obtained
- Work email is public record

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# Confidentiality: “Need to Know” vs “Right to Know”

## *When to share confidential information?*

Must have

- A legitimate educational interest
- A “need to know”
- Be released by the school health professional to interpret health information



# References

- Connecticut State Department of Education (2011) *Cumulative Health Record Guidelines*
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- Commission on Systemic Interoperability: *Ending the Document Game*
  - <http://endingthedocumentgame.gov/index.html>
- Resha, C. and Taliaferro, V. (2017) *Legal Resources for School Health*
- Selekman, Shannon Yonkaitis. (2019) *School Nursing: A Comprehensive Text*

# Resources

- Connecticut State Department of Education (2011) *Cumulative Health Record Guidelines*
  - [www.sde.ct.gov/sde/lib/sde/PDF/deps/student/.../CHRguidelines.pdf](http://www.sde.ct.gov/sde/lib/sde/PDF/deps/student/.../CHRguidelines.pdf)
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- Improving the quality of nursing documentation: An action research project; 2014
  - [https://www.researchgate.net/publication/272886377\\_Improving\\_the\\_quality\\_of\\_nursing\\_documentation\\_An\\_action\\_research\\_project](https://www.researchgate.net/publication/272886377_Improving_the_quality_of_nursing_documentation_An_action_research_project)
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- Taliaferro, V. and Resha, C.; *School Nurse Resource Manual: A Guide to Practice (Tenth Edition)*



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